

CONTACT

**349th Air Mobility
Wing's Operation
Teddy Bear - still
going strong**

NEWS ALERT! - NEWS ALERT! - NEWS ALERT!

Brig. Gen. John C. Flournoy, Jr., Commander of the 349th Air Mobility Wing, speaks about upcoming events and opportunities for reservists and their families in his bimonthly video podcast. Visit the 349th Wing Web page to view the most current podcast at: www.349amw.afrc.af.mil or on the 349th Facebook page at www.facebook.com/349AMW

Safe-n-Sound, All Year Round

Team Travis

349th Air Mobility Wing

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On the Front Cover: — Operation Teddy Bear, the 349th Air Mobility Wing's largest and farthest reaching community outreach project, is getting ready to kick-off.

Through the years, this program has grown to encompass varied local schools in several cities, and some years reaching more than 1,200 children.

Anyone who has time is welcome to come out. Bring your spouse, children, family members, friends, other reservists, active duty members or civilians to join us during these joyous event School visits are slated for the first three weeks of December.

For information on scheduled dates and locations, contact Chief Master Sgt. Mark Kloeppel, at 707-424-1643. (U.S. Air Force photo / Senior Master Sgt. Ellen Hatfield)

Contact magazine is the monthly, authorized publication for members of the U.S. military and their families. The contents expressed herein are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U.S. Air Force. All photographs are U.S. Air Force photos unless otherwise indicated.



by Gen. Mark Welsh III, Chief of Staff



by Michael Donley
Secretary of the Air Force



by Chief Master Sgt. James Roy
Chief Master Sergeant of the Air Force

Safe-n-Sound, All Year Round is the theme of this year's holiday and winter safety campaign, which runs through Jan. 2, 2013.

Whether you are traveling, celebrating or participating in winter activities, take the time to include sound risk management in all your plans. The time invested up front could save your life.

Across the Air Force, we work very hard throughout the year to reduce mishaps. Regrettably, despite those efforts, we lost six Airmen last year during the holiday season. It is imperative that we step up our efforts.

Please pay special attention to your surroundings, the weather and especially your celebration game plan during this holiday season. All Airmen, uniformed and civilian, have a responsibility to ensure a safe holiday for themselves, their fellow Airmen, their Wingmen and their families by being alert to safety risks, on and off duty. We urge you to use common sense and keep your focus on risk management as we strive to enjoy a mishap-free season.

Happy holidays to you and your families. Whether you are deployed or serving at home, your dedication and sacrifice are profoundly appreciated. Travel and celebrate wisely, take care of each other and return to duty safe 'n' sound.

Most valuable thing to give is time

*by Chief Master Sgt. Cary Anderson,
23rd Combat Communications Squadron*

During my time in the Air Force, I have been supervised by most, managed by some, but led by only a few. I admired and can recall every one of the leaders, but can't necessarily recall the names of the supervisors and managers. Why? I think it is most likely because leaders shaped my life as a whole, and the others just told me what I had to do day-to-day.

The Air Force has changed a lot in my 30 years of service. In my opinion, the biggest change has been information technology. As a communicator, I have been on the leading edge of it for all of those years.

Technology has obviously let us do more with less and with less risk to life – but there are downsides:

- The loss of face to face communication.

- The consolidation of career fields, additional duties and tasks. This can lead to task saturation of an Airman, and even more so of an NCO - which negatively impacts mission accomplishment.

Technology doesn't improve leadership ability. NCOs have got to lead Airmen, train Airmen, and consistently maintain standards. This isn't effectively done via email, instant messaging, text, Internet, social media or the phone. This means spending time with the individual Airman, which, in itself, is hard to do as NCOs have to accomplish more with less, as do we all.

Without practice, it can become hard to communicate, or maintain standards in person. It takes courage for an NCO to use inherent authority and responsibility in training, maintaining, leading and caring for Airmen. A leader is willing to say the hard thing to your face, and technology often is used to "fill the square" in lieu of having the nerve to do it in person. NCOs need to spend personal time to allow Airmen to grow, to be safe, and to allow them to be able to take care of their families and accomplish the mission successfully.

In this age of stack ranking and stratification in the Air Force, it is more important than ever for NCOs to spend time with their Airmen. Spending time ensures well-rounded leaders make it to the top, vice the best written electronic folder. As an NCO, the most valuable thing you can give an Airman is your time.

A knowledgeable Airman is a force multiplier in many ways. This Airman not only successfully accomplishes required duties, but also excels to go above and beyond. This Airman is often sought out by junior airmen for advice, peers for knowledge, and NCOs to increase chances of mission success. Knowledgeable Airmen can't get that way by themselves; they are built by competent NCOs. Ensure your Airmen are well trained on tasks, can look up required information, meet all standards, have an additional duty, complete their PME, appreciate Air Force history and military traditions, and comprehend their place in the Air Force mission.. The consummate NCO will also explain constantly so an Airman understands not only what is required of them, but why. When forged by a competent NCO, an Airman will have the courage and knowledge to be a leader too.

Airmen want an NCO who acts like he or she is in charge. They want a professional who sets standards and then enforces them. They want a leader who will stick up for them. But, most important, they want somebody who knows the regulations, enforces them fairly, and gets on with the job at hand. Good NCOs are not just born - they are groomed and grown through hard work and strong leadership, by senior NCOs. To ensure Airmen are set up for success requires a world class NCO corps to train, lead and care for our Airmen – as they deserve no less.



Guarantee a good time to be had by all

by Chaplain (1st. Lt.) Kemuel L. Bellows, 349th Air Mobility Wing

With the holidays upon us there will be days filled with opportunity for fun, sharing, laughter, and enjoying the company of family and friends. Whether it's Chanukah, Christmas, the New Year, or any of the other celebrations in-between, we all will hopefully have the opportunity to look at our lives with an attitude of gratefulness, and enjoy the company of those around us.

Unfortunately, not everyone looks forward to this time of year, as many of our fellow Airmen are suffering in silence. I remember as a young Airman, how tough it was to be away from home during the holidays, and how much I appreciated it when a coworker, supervisor, or friend invited me over for dinner. At first, I would dread the experience because I did not know the people, but when I went, I always had a great time.

What it boils down to is three consistent factors. When these three things are present, I can guarantee a good time to be had by all. I have developed a non-scientific formula for great experiences and it goes like this: "Good People + Good Intentions X Time Shared = Great Experiences."

While I was not a Math major, and I am not a psychiatrist, I do believe that this formula can help make sure you have a memorable, positive time during the holiday season.

First of all, the people you have around you play a big part in what type of experiences you have. People that live the type of life that you admire or aspire to are always a good group to want to be around. Another measure of these people is that they have your best interests at heart. They want what's best for you, and

(See FORMULA on next page)

Cody named next Chief Master Sgt. of the Air Force

Air Force Chief of Staff Gen. Mark A. Welsh III has named Chief Master Sgt. James A. Cody to serve as the 17th chief master sergeant of the Air Force.

Cody will assume his new position on Feb. 1, following the Jan. 31 retirement of current Chief Master Sgt. of the Air Force James Roy. Roy's retirement will culminate more than 30 years of service to the Air Force.

"Chief Roy and his wife, Paula, have been a blessing for our Air Force. They have worked tirelessly for the past three-plus years as phenomenal advocates for our Airmen and families. Betty and I wish them all the best as they prepare for the next chapter in their lives," Welsh said.

"The quality and professionalism of our enlisted force is unrivaled due in great part to the remarkable commitment and dedication of Chief Roy and Paula to take care of Airmen and their families," said Secretary of the Air Force Michael Donley. "The Air Force must continue to develop the quality Airmen the service needs and we look forward to the experience that Chief Cody and his wife, Athena, herself a retired chief master sergeant, will bring to this effort."

Cody, who joined the Air Force in 1984, is currently the command chief master sergeant for Air Education and Training Command. His career includes various assignments in air traffic control and as the command chief master sergeant, 15th Expeditionary Mobility Task Force, Travis Air Force Base, Calif.; 6th Air Mobility Wing, MacDill Air Force Base, Fla.; and 18th Air Force, Scott Air Force Base, Ill.

"We are excited to welcome Chief Cody and Athena to the team as they take the baton from the Roys," Welsh said. "The next few years will be filled with many opportunities and challenges and our Air Force will greatly benefit from the leadership, experience and wisdom they bring."

"Chief Cody will do a fantastic job of representing the enlisted force," said Roy. "I have every confidence that he and Athena are prepared to handle the challenges that face our Airmen and their families in the years to come."

The office of the chief master sergeant of the Air Force represents the highest enlisted level of leadership, provides direction for the enlisted corps and represents their interests to the American public and all levels of government. The CMSAF serves as a personal advisor to the Air Force Chief of Staff and Secretary of the Air Force on all issues regarding the welfare, readiness, proper utilization, and progress of the enlisted force and their families. (AFNS)



FORMULA...

(Continued from previous page)

the best out of you. If they are not currently in your circle of friends, you might have to seek them out. Mentors are an important piece of any person's development and growth. A single person can learn a lot from seeing a happily married couple interact. A couple without kids might have friends that do and vice versa. The key for me was choosing the right people to be around.

Secondly, the reason you get together with people can be just as important. Idle time in the dorms with young people just reaching drinking age can be a recipe for disaster. Coming together for a purpose, of serving or sharing, can enrich the time together. A food drive volunteer effort, visiting those in the Fisher House, or someone in the hospital, visiting a veteran's

home, or maybe just giving someone a call and letting them know you're thinking about them, can make someone's day and change how you feel at the same time. Service is already in every Airman's DNA, so reach out to someone during this time of year and let them know you care.

Time shared is third, and sometimes the most important ingredient. Good people may be in your life, and you might have good intentions, but time shared is the multiplier when it comes to great experiences. When we share time together, we share life, and we experience things that only come after the initial meeting or courteous greetings we exchange. Time shared is how we get real.

Take some time this holiday season to try out the formula and see if it works for you: Good people plus good intentions times time shared. See if it doesn't produce great experiences.

Travis Team MXG - nominated for Best in Air Mobility Command

by 349th Air Mobility Wing Public Affairs

The 349th Air Mobility Wing along with their active duty partner, the 60th Air Mobility Wing, were nominated by the Air Mobility Command for the Daedalian Maintenance award.

The award recognizes the integration of maintenance with the total wing mission. This will include evaluating all maintenance areas as well as related areas in maintenance, operations, support, medical, and so forth while focusing on such criteria as the unit's mission accomplishment, effective use of maintenance resources, innovative management and accomplishment, and quality of life programs.

Being nominated for an AMC-wide award like this reflects the professional commitment to excellence of our maintenance people by illustrating their dedication, resourcefulness and innovative management.

The Daedalian is like the "Oscar" of aircraft maintenance; it is recognition for accomplishments within each field—the best of the best.

To be considered for this award there are specific qualifications as outlined in *The U.S. Air Force Maintenance Awards Program*. Maintenance must first be nominated for the award for their command, then the top award winners compete for the Air Force level Daedalian Award.

Operation Teddy Bear needs you!



OPERATION TEDDY BEAR
"349 AMW OUTREACH COMMUNITY PROJECT"

**NEED VOLUNTEERS TO VISIT AND BRING CHEER TO
1200+ ECONOMICALLY DISADVANTAGED
KINDERGARTEN AND PRE-SCHOOL CHILDREN IN
THE LOCAL AREA**

Visiting Schools December 1 – 12
For more information, contact
Chief Master Sgt. Kloeppel at 707-424-1643

Wing food drive wraps up Dec. 20

Helping Others this Holiday Season



**FOR LOCAL AREA
COMMUNITY
MEMBERS WHO
NEED A LITTLE HELP
THIS HOLIDAY
SEASON...**

**COLLECTION BINS HAVE
BEEN PLACED AT THE
UNITS FOR INDIVIDUALS TO
DROP OFF CANNED GOODS
AND BOXED ITEMS.**

**LET'S WORK
TOGETHER TO MAKE
THIS THE BEST
YEAR YET!!**

For more information please
contact the 349th Wing Chaplain's
office at 707-424-0308.



4th AF commander visited Team Travis

Story and photos by Lt. Col. Robert Couse-Baker, 349th Public Affairs

Maj. Gen. Mark A. Kyle, 4th Air Force commander, visited Team Travis Nov. 2-4, and met with Reserve and active-duty Airmen from all three mobility wings. The visit was fast and furious, with a multitude of tours, demonstrations, and visits with Airmen.

Friday, the general hit the ground running with a Team Travis Mission Brief and a welcoming by base leadership. He started his day on Saturday by having breakfast with Airmen at the Sierra Inn, where he was joined by Brig. Gen. John Flournoy and Command Chief Master Sgt. Sandra Santos. After the meal the general headed out to the Fitness Test Program area to give words of encouragement to the Airmen on the track.

Col. Terese LeFrancois, 349th Aerospace Medicine Squadron commander, was on hand at David Grant USAF Medical Center to provide a tour of the facility. The general also toured and visited with Airmen at the Aerial Port Squadron, Aeromedical Evacuation Squadron, and the Air Mobility Operations Squadron. After the tours, the general's visit continued with an Aeromedical Staging Squadron demonstration, and the showcasing of the wing's Development and Training flight. The 349th Operation Group folks shared some fellowship and good grub at their squadron 'Shrimp Boil' lunch.

General Kyle presented the Bronze Star to Senior Master Sgt. Daniel Hazeltine before he was the key-note speaker at the 349th Wing's Officer Call.

The general's visit wrapped Sunday with the C-5 facility tour, lunch with group and squadron commanders, and finally a trip to the C-5 simulator, before he headed back to 4th Air Force at March Air Reserve Base.



Operation Give Thanks - serving those who paved the way for us

photos by Senior Master Sgt. Ellen Hatfield, 349th Public Affairs



Team Travis answers nation's call



The Pacific Gas and Electric Company, United States Air Force and Coast Guard worked alongside each other to prepare seven electrical trucks and four pallets of supplies in a humanitarian relief effort in support of Hurricane Sandy here on Nov. 3.

After thorough inspection and preparation by members of the 60th and 55th Aerial Port Squadrons, the trucks and supplies were loaded on to a C-5 Galaxy and C-17 Globemaster aircraft headed to Westover Air Reserve Base, Mass. (U.S. Air Force photo/ Senior Airman Amelia Leonard)

Security Tips Summary - Email Etiquette

Remember to follow these tips:
Use Caution When Forwarding E-mail

- o Use online sites to confirm or expose potential e-mail hoaxes
- o Do not forward e-mail hoaxes

Use Caution When Reading E-mail

- o View e-mail in plain text
- o Use caution when opening e-mail
- o All attachments should be scanned
- o Delete e-mail from senders you do not know
- o Turn off automatic downloading

Use E-mail Appropriately

E-mail must not:

- o Adversely affect performance
- o Reflect poorly on the Government

Do not use e-mail to:

- o Sell anything
- o Send chain letters
- o Send offensive letters

Do not send:

- o Mass e-mails
- o Jokes or Pictures

o Inspirational stories
Avoid using *Reply All*
Personal e-mail use may be authorized, but must be limited.

Use Removable Media Appropriately

Examples: thumb drives, flash drives, CDs, DVDs, external hard drives

- Do not use thumb drives/flash media unless operationally necessary
- Do not use any personally owned/non-Government removable media on DoD systems
- Do not use Government removable media on non-DoD/personal systems
- Encrypt all data stored on removable media
- Encrypt in accordance with the data's classification or sensitivity level
- Use only removable media approved by your organization
- Store in GSA approved storage containers at the appropriate level of classification
- Contact your security POC for more information.

Count down to ORI - Are you ready?

What is required in Air Force personal mobility bag? Although there are many different types of “mo-bags” generally speaking, for the purpose of the upcoming Operations Readiness Inspection, the below listed is the guideline to use:

Mobility Bag Clothing Checklist

- 1) Bag - 1
- 2) Belt (NOTES 1/2)
- 3) Boots - 1 (NOTES 1/2)
- 4) ABU/Flight Cap - 1 (NOTES 1/2)
- 5) Gortex/APECS jacket - 1 (NOTES 1/2/4)
- 6) Gloves, work (as required) (Inserts if required) - 1 (NOTES 1/4)
- 7) Blouse/Flight Suit - 3 (NOTES 1/2)
- 8) Trousers - 3 (NOTES 1/2)
- 9) Utility Uniform Socks - 4 (NOTES 1/2)
- 10) Towel, Cotton - 2
- 11) PT T-shirt - 3
- 12) PT Shorts - 3
- 13) PT Jacket - 1
- 14) PT Pants - 1
- 15) PT Socks - 3
- 16) PT Sneakers - 1
- 17) Undershirt, Cotton - 6 (NOTES 1/2)
- 18) Underwear - 6 (NOTE 1)
- 19) Bra (female) - 4 (NOTE 1)
- 20) Toiletries - 1 (NOTE 3)

NOTES:

1. Item worn counts toward total required.
2. Uniform specific. Wear as appropriate (ex. ABU/Flight Suit).
3. You must have enough toilet articles (soap, shave cream, tooth paste, etc.) for the deployment to cover a 60-minimum deployment period.
4. Unit funded, flight/squadron will purchase.



TOP TEN

(Reasons mobility folders need another look for the ORI)

10. DAV code waiver issue (3)
9. vRED is not up-to-date or missing items (5)
8. ID card is expiring, or will expire in time frame (7)
7. Fitness is expired or missing (14)
6. Dog tags are missing or don't match vRED (16)
5. JPAS/Security documentation issue (16)
4. CBRNE/SABC Hands-on training missing or not done (21)
3. Law of Armed Conflict training not done (22)
2. Immunization discrepancies (64)

...And the number one reason mobility folders need another look for the ORI...

**ALL OF THE ABOVE ADDED TOGETHER!
288 discrepancies, 121 people with write-ups**

The Gulfport ORE is our last practice – let's be ready for February 2013!

Travis captures honors at ATA

by Tyler Grimes, 60th Public Affairs

The 60th Air Mobility Wing took home \$450,000 and the top award for fuel efficiency Oct. 31 and Nov. 1 during the annual Airlift and Tanker Association Convention in Anaheim.

The wing competed against a number of other Air Force bases in a variety of categories, said Capt. Adam Brown, 60th Operations Group executive officer.

Awards for the best KC-10 extender wing for sortie reporting rate and fuel accuracy also went to the wing.

With the Air Force's focus on efficiency, Travis is answering the call on this key issue, Brown said.

"Fuel efficiency is important because we are working in a resources limited military," he said. "We must figure out ways to accomplish the same mission using less of those resources."

One of the ways Travis maintains its fuel efficiency is by

comparing the actual used during a flight to the projected usage.

"The missions are always different and we do not compare to previous years," Brown said. "Basically, we plan to use as minimal fuel as possible and then we record our ability to do so."

The numbers speak for themselves, as evident by the awards they received, Brown said.

"The awards are all objective, they are purely based on numbers," he said. "We won because we had the best reports."

Travis' fuel efficiency initiative is a collaborative effort between the 60th AMW and the 349th Air Mobility Wing, according to the 349th AMW Public Affairs Office. "The 349th AMW partnered with the 60th on this fuel efficiency initiative, which garnered us second place," said Senior Master Sgt. Ellen Hatfield, 349th Public Affairs.

Yellow Ribbon Events

The upcoming Yellow Ribbon Event is being hosted in Costa Mesa, Calif., Jan. 25-27. This program was initiated to provide proactive outreach programs through all phases of deployment cycles. The program's goals are to prepare members and their families for mobilization, sustain families during mobilization, and reintegrate service members with their families and communities upon return from deployment.

Airmen who have deployed for 90 days or more—or are projected to deploy—are eligible to attend. They are put on orders and are compensated for food and travel expenses for themselves and their families. Free child care is also provided, and attendees sometimes have chances to win free prizes, at no expense to them.

For information or to register, please contact Tech. Sgt. Alex Calderon, or visit www.yellowribbon.mil.

*Tentative Upcoming Yellow Ribbon Events:

- Jan. 25-27 – Costa Mesa, Calif.
- Feb. 15-17 – San Diego, Calif. and Orlando Fla.
- Mar. 15-17 – Dallas, Texas
- Mar. 22-24 – St. Louis, Mo.

*Note: Events and locations pending final approvals.

AFRC 2012 Civil Engineer Annual Award Winners

Congratulations to out to the 2012 Air Force Civil Engineer Award winners for the Air Force Reserve Command.

Outstanding Civil Engineer Individual Awards:
The Maj. Gen. Eugene A. Lupia Award, CGO Category, which recognizes superior job performance: **Capt. Shane M. Lynch**, 349th Civil Engineer Squadron.

The Maj. Gen. Eugene A. Lupia Award, NCO Category, which recognizes superior job performance: **Tech. Sgt. Leanne M. Converse**, 349th Civil Engineer Squadron.

The Maj. Gen. Eugene A. Lupia Award, Airman Category, which recognizes superior job performance: **Senior Airman Jamie D. Perkins**, 349th Civil Engineer Squadron.

The Outstanding Civil Engineer Manager of the Year Award, ARC Officer Manager Category, which recognizes superior job performance of Air Force civilian and ARC personnel: **Maj. Melvin L. Ibarreta**, 349th Civil Engineer Squadron.

349th Wing Traditional Reserve Vacancies

AFSC	AFSC Title	Rank
11G3	Generalist Pilot	Officer
11M3K	Mobility Pilot, General	Officer
11M2A	Mobility Pilot, General	Officer
11M3S	Mobility Pilot	Officer
11M2G	Mobility Pilot	Officer
11M3G	Mobility Pilot	Officer
11M3A	Mobility Pilot	Officer
12M3S	Mobility Navigator	Officer
14N3	Intelligence	Officer
21R3	Logistics Readiness	Officer
1N051	Operations Intelligence	SSgt
1A151	Flight Engineer	SSgt/TSgt/MSgt
1A251	Aircraft Loadmaster	SSgt/TSgt/MSgt
21A3	Aircraft Maint	Officer
2A571	Aerospace Maint	TSgt/MSgt
2T271	Air Transportation	SSgt/MSgt/SMSgt
2T200	Air Transportation	CMSgt
2W071	Munitions Systems	TSgt
3E251	Pavement & Construction	SSgt
3E451	Utilities Systems	SSgt
3E651	Operations Management	SSgt
3D052	Cyber Transport Sys	SSgt
3D153	RT Trans Sys	SSgt
3D073	Cyber Security	TSgt
3D171	Client Sys	TSgt
3E090	Civil Engineer	MSgt
3E671	Operations Management	MSgt
3E751	Fire Protection	SSgt
3M071	Services	MSgt
3S271	Education & Training	SSgt/MSgt
3P051B	Combat Arms	SSgt
41A3	Health Services Admin	Officer
44M3H	Internist	Officer
45S3B	Surgeon	Officer

46A3	Nurse Administrator	Officer
46F3	Flight Nurse	Officer
46N3	Clinical Nurse	Officer
46N3E	Clinical Nurse	Officer
46P3	Mental Health Nurse	Officer
48A3	Aerospace Medicine Sp	Officer
4A091	Health Services Management	SMSgt
4N071	Aerospace Medical Svs	TSgt/MSgt
4N071C	Aerospace Medical Svs	TSgt/MSgt
4N091	Aerospace Medical Svs	SMSgt
4N000	Aerospace Medical Svs	CMSgt
8A100	Career Assistance Advisor	MSgt
8F000	First Sergeant	MSgt
51J3	Judge Advocate	Officer
52R3	Chaplain	Officer

349th Wing Full-Time Vacancies

UNIT	GS/SERIES	TITLE	VAC
349 AMW/SE	GS-2181-13	Flight Instructor/Wing Safety Officer	ART
349 AMW/FM	GS-0501-09	Financial Management Specialist	ART
349 AMDS	GS-0301-10	Medical Administrative Specialist	ART
349 AMDS	GS-0303-09	Medical Administrative Assistant	ART
349 FSS	GS-0301-12	Force Support Officer	ART
349 FSS	GS-0203-05	Human Resources Asst (Military)	ART
349 LRS	GS-0346-09	Logistics Management Specialist	ART
349 MXG	WS-8801-11	Aircraft Overhaul Supervisor	ART
349 MXG	WG-2610-12	Electronic Integrated Sys Inspector	ART
749 AMXS	WG-8801-13	Aircraft Overhaul Supervisor	ART
749 AMXS	WG-2892-10	Aircraft Electrician	ART
749 AMXS	WS-8801-09	Aircraft Overhaul Supervisor	ART
349 OSF	GS-0303-07	Wing Operations Center Controller	ART
301 AS	GS-2181-13	Airplane Flight Instructor	ART
301 AS	GS-2185-10	Aircraft Loadmaster Instructor	ART
70 ARS	GS-2181-13	Airplane Flight Instructor	ART
70 ARS	GS-2185-11	Flight Engineer Instructor	ART

For more information about these vacancies, go to www.afpc.randolph.af.mil.

Travis Wingman Day featured author, psychologist, speaker

by Senior Master Sgt. Ellen Hatfield, 349th Public Affairs

“Face reality and effortless change will take place.” Zen Buddhist proverb

The 60th Air Mobility Wing’s recent Wingman Day was focused on the spiritual pillar, and to reinforce that, Dr. Robert J. Wicks came and spoke to the Travis Airmen. A number of 349th AMW Airmen were able to attend the forum, and reported they were impressed with the doctor’s message.

A well known speaker, therapist and spiritual guide, Wicks is presently a professor of psychology at Loyola University Maryland. His major area of expertise is the prevention of secondary stress which encompasses the pressures encountered in reaching out to others. He has cultivated this experience through research and clinical practice with psychotherapists, physicians, nurses, educators, relief workers, lawyers, corporate executives and those in full-time ministry. He served as a U.S. Marine Corps officer, and is the author of more than 40 books. His lecture here centered around his latest work, *Bounce: Living the Resilient Life*.

For more information about Wicks, please visit www.robertjwicks.com. He also has a page on Wikipedia, including links.



ENLISTED PROMOTIONS



CHIEF MASTER SERGEANT
STANDLEY, JAMES, 349th MXG

PITTSO, LEE C., 749th AMXS
REICHERT, SCOTT D., 945th AMXS
VOGEL, CURTIS E., 312th AS



SENIOR MASTER SERGEANT
JENKINS, MARVIN, 55th APS
MILFORD, DONNA, 349th OG



TECHNICAL SERGEANT
DUNBAR, JON D., 349th ASTS
GAY, CARRIE E., 349th CES
LYNCH, EBERECHI, 349th AMW
PARKS, MICHAEL E., 79th ARS
SAMANIEGO, ROBERTO, 349th MXS
SILVA, JORGE A., 23rd CBCS



MASTER SERGEANT
BUNKER, SETH A., 70th ARS
FLORES, RAMIL F., 82nd APS
GORDOY, ANDRES J., 82nd APS

Enlisted promotions effective November 2012 or earlier.

4th Air Force commander presents Bronze Star Medal to 349th member during ceremony

by Senior Airman Amelia Leonard, 349th Public Affairs



Senior Master Sgt. Daniel L. Hazeltine, 349th Civil Engineer Squadron, was awarded the Bronze Star Medal for meritorious service during a pin-on ceremony held recently, here at Travis Air Force base. The Bronze Star Medal is an, “U.S. Armed Forces individual military decoration and the fourth-highest award for bravery, heroism or meritorious service. It is awarded to a member of the military who, while serving in or with the military of the United States after December 6, 1941, distinguished him or herself by heroic or meritorious achievement or service, not involving participation in aerial flight, while engaged in an action against an enemy of the United States; while engaged in military operations involving conflict with an opposing foreign force; or while serving with friendly foreign forces engaged in an armed conflict against an opposing armed force in which the United States is not a belligerent party.” Hazeltine was pinned by Maj. Gen. Mark A. Kyle, Commander, 4th Air Force, March Air Force Base, Calif.

Brig. Gen. John C. Flournoy, Jr., Commander of the 349th Air Mobility Wing, speaks about upcoming events and opportunities for reservists and their families in his bimonthly video podcast. Visit the 349th Wing Web page to view the most current podcast at:



You may also view the 349th AMW commander's bimonthly video podcast by visiting 349th Facebook page at:

